

Your Weekly News & Updates

January 18, 2026
2nd Sunday after the Epiphany

Scripture: I Corinthians 1:1-9

*"For in every way you have been enriched in him, in speech and knowledge of every kind - just as the testimony of Christ has been strengthened among you - so that you are not lacking in any gift as you wait for the revealing of our Lord Jesus Christ."
- I Corinthians 1:5-7*

Sermon: "You Are Not Lacking"

F.I.S.H. Club News and Opportunities

F.I.S.H. (Faithful In Serving Him) Club meets on Tuesdays at 6-7pm, during the school year. It is an outreach ministry where we provide transportation to the church for children and youth in our area. Participants receive dinner and enjoy activities/discussions designed to explore God's love, Christian character, and promote fellowship.

- January 27th - Regular Programming
- February 3rd - Regular Programming
- February 10th - Regular Programming
- February 17th - Volunteer Night
- February 24th - Regular Programming

Volunteer Opportunities

Start the new year by investing in the faith of our children! F.I.S.H. Club is looking for volunteers to help lead, assist, and love our kids. No experience required—just a willing heart. See the list below to see the opportunities available.

- Trivia/Bible Knowledge Game (2-3 volunteers) - engage children or youth through fun Bible trivia, games, and knowledge-based activities; help participants grow in their understanding of Scripture while encouraging teamwork, confidence, and friendly competition.
- Recreation/Movement/Dance (2-3 volunteers) - guide children or youth in physical activities, games, movement exercises, and dance; promote teamwork, coordination, and healthy activity while fostering fun and safe participation.
- Karaoke/Singing (2-3 volunteers) - lead children or youth in fun, interactive singing and karaoke activities; encourage participation, confidence, and joy while creating a positive, welcoming environment.

- Shepherds - build relationships with children/youth in your group by actively engaging and listening to them; sit with your group during dinner and create a positive group environment by assisting group leader in conversation; assist program leaders by helping children in your group participate appropriately in nightly lesson and corresponding activities; act as a model during lesson and group activities; no planning/teaching programming
 - 1st-3rd Grades (2-3 volunteers)
 - 4th & 5th Grades (2-3 volunteers)
 - Youth (2-3 volunteers)

Beyond Worship - Sunday, January 18th at 4:00 pm

Have you ever sat in a pew on Sunday or listened online and thought I really don't think what I heard is right? Or, maybe you heard something on Sunday morning and would like to know more. Would you like to talk with others in a safe space about unresolved, unanswered, or unasked faith questions? SSUMC has a small group that meets each Sunday at 4:00 p.m., in the parlor. The group has been away for the summer, but has resumed. If you are interested, drop in and explore.

A Chance to be the Hands and Feet of Jesus with the Unhoused

There are two opportunities coming soon to learn more about ways you can offer support to our neighbors who have no home. **A Warming Shelter Planning Exercise** is scheduled for Thursday, January 22 from 8:30 am to 1:30 pm (lunch provided) at the Sullivan County Regional Health Department, 154 Blountville Bypass, Blountville, TN. Email mbecher@sullivanhealth.org to register.

Family Promise/A Place To Be is offering a volunteer recruitment training on Friday, January 23 from 2 to 4 pm at The Summit Companies, 1227 Volunteer Parkway in Bristol, TN. Email info@familypromiseofbristol.org to register.

Youth Group Happenings

- January 19th at 3:00 p.m. - Resurrection Meeting
- January 23rd-25th – Resurrection: an awesome annual event of worship and spiritual growth for youth and youth mentors. It takes place each year in Pigeon Forge, TN. If you would like to sponsor a child, please give \$100 (if you are writing a check, please put "Resurrection" in the memo.)



Move 'n' Groove Returns

Move 'n' Groove returns on **Thursday, February 5** and will run for its first 6-weeks session of the new year through **Thursday, March 12**. We will meet in the Fellowship Hall at **10:30am** for our 1-hour class. Dress comfortably and wear sneakers/tennis shoes. We warm up in the chairs with stretching, move on to dancing in the chairs, floor moves, focus areas work, line dances, and finish with some seated cool-down moves. Music ranges from golden oldies, country hits, R & B, etc. to music suggested by the members. As long as the song has a beat, we can move to it! Move 'n' Groove is an opportunity to have a great time of fun and fellowship while also reaping the cognitive, social/emotional, and physical benefits that occur while we Move 'n' Groove! Ask someone you know who is already attending, they are the ones who can tell you what we do! If you have any other questions, please contact Beverly Wiginton by phone (423.741.0145) or email (beverlycwiginton@gmail.com).

NOTE: Regarding inclement weather changes during these winter months, Move 'n' Groove classes will follow the same schedule as the Bristol, VA City Schools' decision. Announcements are made on WCYB.

Hospice House " Church of the Month

HEADS UP for the Hospice House " Church of the Month". Once again, we will adopt the Hospice House for March. On Feb 8th and 15th we will distribute zip bags for filling up with needed items for the home-bound hospice folks. Also, we'll need individuals or teams to provide meals, restock the kitchen, and/or share the gift of music. Please, Contact Patty Kilbreath for further information at: 423-646-5577.



Recovery at Bristol News

Recovery at Bristol meets each week on Thursdays. Dinner at 6.15pm, worship at 7.00pm, small groups to follow. Transportation and child care provided by request. Contact Pastor Steve. Recovery offers an additional worship opportunity each week. Recovery at Bristol is a place you can come and help in many ways to show the love of God to people trying to change their lives. Come at 6:00pm. Have a meal. Look around. God may have something special in mind

for you.

Blood Pressure Screenings

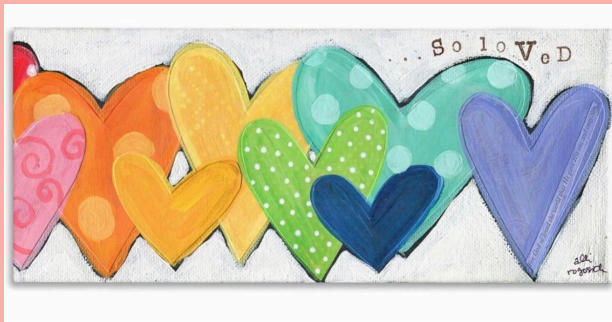
Blood pressure screenings will be available on **Thursday, January 22** at 6:00pm in the Parish Nurse Office (Rm. 102)

January OAK (Older Adult Kouncil) Luncheon

The OAK group will be having our monthly lunch at "Mas Tequila" Mexican Restaurant on Thursday, Jan. 22, 2026 at 11:30am. We will meet there for some very special authentic Mexican food. Please join us there across from the Bristol, VA Library. Bring family and/or friends to enjoy good food and conversation. Call Patty Kilbreath at: 423-646-5577 for further information.

Guided Valentine's Day Painting Project

Back by popular demand! Shannon Love is offering another Guided Painting Project just in time for Valentine's Day. The group will meet on Monday, February 2nd from 5:30-7:00pm in Room 115. Cost is \$5 to cover the supplies. Sign up by calling or texting Shannon at 423 646-1077. Limited to 12 persons so sign up asap to reserve your spot.



Sunday Worship In-Person & Online

SSUMC offers opportunities for worship on Sunday mornings with three different spaces and flavors:

- + 8:45 a.m. in the Chapel – Informal worship with traditional hymns.
- + 9:01 a.m. in the Fellowship Hall – Modern worship with music led by the Praise Band.
- + 11:00 a.m. in the Sanctuary – Traditional worship with choir and traditional hymns.

Godly Play (a worship experience for ages 4 - 4th grade) is offered at the 9.01 a.m. service, with the exception of Communion Sundays.

United Methodist and Area Church News

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Go to umnews.org for news and information about United Methodists around the world.

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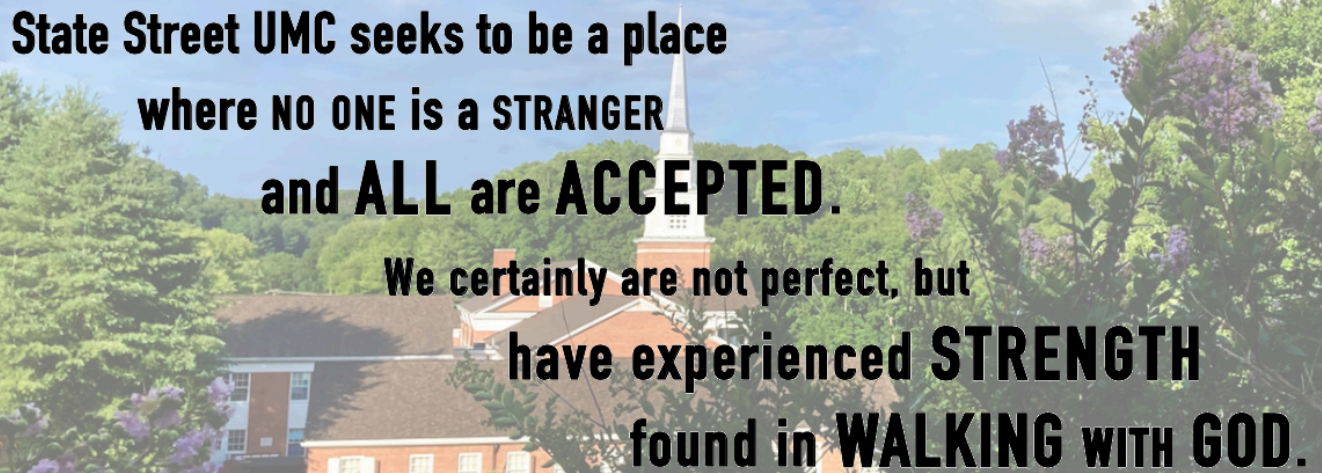


**9:01 and 11:00 Services Livestreaming on State Street's YouTube Channel
- StateStreetUMC**

Your respect and care for the health of one another is appreciated. ***Masks or no masks, all are welcome. No explanation or judgment necessary.***

+ + +

Do no harm. Do good. Stay in love with God. - John Wesley's *Three Simple Rules*



**State Street UMC seeks to be a place
where NO ONE is a STRANGER
and ALL are ACCEPTED.**
**We certainly are not perfect, but
have experienced STRENGTH
found in WALKING with GOD.**

State Street United Methodist Church | 650 Valley Drive | Bristol, VA 24201 US

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